



DEPARTMENT OF PARKS AND RECREATION

Contact: Hindolo Brima, Media and Communications Specialist

(916) 808-5972 • FAX: (916) 808-7643

email: HBrima@cityofsacramento.org

915 I Street, Fifth Floor, Sacramento, CA 95814

FOR IMMEDIATE RELEASE

## ***GOOOAL!* Local athletes compete at this weekend's 50+ Wellness Program Soccer Tournament**

**Sacramento, California, April 23, 2009**—The public and media are invited to attend this weekend's **50+ Wellness Program - 2009 Soccer Tournament**. This region's best male and female, 50+ soccer players will be on hand to bend it like Beckham, execute scissor kicks like Pelé, and breeze through defenders like Ronaldo. The two-day tournament is a must see.

This year's tournament will take place on **Saturday, April 25<sup>th</sup>**, from **9:45 a.m. - 5:45 p.m.**; and **Sunday, April 26<sup>th</sup>**, from **9 a.m. - 1:45 p.m.** All games will take place at **Cherry Island Soccer Complex - 2699 U Street, Rio Linda**.

The 50+ Wellness Program is a City of Sacramento, Department of Parks and Recreation program that provides a wide range of programs that promote health and vitality for adults over the age of 50. The programs offered include exercise classes, health education workshops, summer camps, special events, and sports tournaments (basketball, archery, soccer, and more).

### **Details**

**Event:** 50+ Wellness Program – 2009 Soccer Tournament

### **Significance:**

Some of the best 50+, male and female athletes from all around our region will display their soccer skills in a tournament like no other.

**Date:** Saturday, April 25<sup>th</sup> & Sunday, April 26<sup>th</sup>

**Times:** ***Saturday***, 9:45 a.m. - 5:45 p.m.; ***Sunday***, 9 a.m. – 1:45 p.m.

**Location:** Cherry Island Soccer Complex - 2699 U Street, Rio Linda

Residents who wish to participate in the 50+ Wellness Program should contact Kim Metcalf at (916) 808-1593.

Media inquiries can be forwarded to Hindolo Brima, Media and Communications Specialist for the Department of Parks and Recreation, at (916) 808-5972.

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